



## MISSION

The Muhammad Subuh Foundation honors the name of the founder of Subud, Bapak Muhammad Subuh Sumohadiwidjojo. It serves to build a lasting financial capacity for the Subud community, with dedication to the long-term aims of the World Subud Association.

## VISION

The Foundation envisages a Subud community that is active and effective in the world, in all fields of human endeavor. It supports this vision by providing financial and other assistance to a wide-range of activities and programs, including social and humanitarian work, cultural endeavors, youth projects, and others.

## VALUES

As trustees of the Muhammad Subuh Foundation, we are guided in our work by the following values:

### Integrity

In making decisions and carrying out our actions we are committed to working through personal integrity and best practice combined with inner guidance and common sense.

### Openness

We base our relationship with donors, recipients and the community on transparency, candor and mutual trust.

### Diversity

We value diversity of the human spirit and recognize the uniqueness of each human being and culture.

### Sustainability

We believe in effecting sustainable change that has transformational goals and measurable positive outcomes, recognizing that how things are done is as important as what is done.

Muhammad Subuh Foundation is registered in Virginia, U.S.A and is tax exempt under 501(c)3 No. 52-1742864

# Remembrance Issue

*As 2010 comes to a close, we dedicate this issue to the many supporters of the Muhammad Subuh Foundation, most especially those who have recently passed on: Simone Paige, former trustee; Laurencio Young, translator; Dianah Dickstein, donor; and, Lavinia Swanson, donor.*

*The Foundation trustees and staff wish everyone a joyous holiday season and a new year blessed with all good things.*

## Simone Paige

**Simone Waddell Paige, November 7, 1947 - October 4, 2010**

Simone Paige passed away on Monday morning, October 4, 2010 in the presence of her husband Joseph, his son Daniel, and one of Simone's best friends, Dorothea. She died peacefully, surrounded by love.

Simone became an MSF trustee in 2005 at the Innsbruck World Congress and served with dedication, inspiration, joyfulness and hard work until the onset of her illness. She was a pleasure to work with, always positive and full of loving kindness. She acted as liaison with Morgan Stanley and advised on, and helped manage, the Foundation's investments. She devoted herself to publicizing the work of MSF, especially in the USA, and was instrumental in helping members to make bequests and donations. She was an excellent writer and contributed many articles to this newsletter.

Simone held a Phd in Victorian Literature and worked as a teacher. She was a Quaker and a longtime member of the Radnor Friends Meeting, outside Philadelphia.

Simone was married to Joseph Paige, an artist and teacher. We will miss Simone, and the grace which always accompanied her.



*Photo courtesy of Dorothea Gillim*

*A memorial service was held for Simone on Saturday, November 6th (the day before her 64th birthday) at 1pm at Radnor Quaker Meeting, in Radnor, Pennsylvania.*

## A fond farewell

*by Dorothea Gillim, former trustee of the Muhammad Subuh Foundation*

When I was 22 and in the throws of a deep existential crisis, God plucked me out of the abyss and placed me in a 5th grade classroom as an assistant to my teaching mentor, Simone. Utterly out of sorts amidst the wiggling, jiggling 10 year-olds, I remember looking up at Simone, a pillar of grace and serenity. I asked her, How do you do it? How do you stay so calm? It took some coaxing but eventually she gave up the source – Subud. From the moment I heard the name, I was hooked.

That was 23 years ago, and since then Simone has been spiritual mentor, surrogate

parent, fellow traveler, and sister-friend to me. Her name, Simone, means "one who hears," and anyone who knew her would attest that she loved to listen to people's stories. She had a way of drawing even the quietest person out and of making them feel heard and affirmed. She would plumb for deeper meaning, offering insight and guidance or at least a chance to test. Simone was also a devoted listener to God and was blessed with wisdom and an ability to articulate her understanding of the spiritual realm.

I will always remember Simone's radiant smile. She had an inner joy and could always find the whimsical side of things no matter how bad things were. She delighted in children, dogs, flowers, beautiful fabrics, *(continued, page two)*

**Foundation Contacts:**

Rayner Sutherland,  
Executive Director  
Rayner@dccnet.com

Lillian Shulman,  
Administrator  
8408 SE 33<sup>rd</sup> Ave,  
Portland, OR 97222, USA  
lillianshulman@netscape.net

**Foundation Officers:**

Samuel Simonsson, Chair  
Lawrence Fryer, Treasurer

**Foundation Auditors:**

Ernst & Young, Accountants

**Foundation Bankers:**

ABN AMRO Bank  
Duikerlaan, Capelle/Yssel,  
Netherlands  
a/c 51.21.50.710  
SWIFT: ABNANL2A

**Foundation Trustees:**

Samuel Simonsson, Spain  
Olvia Reksodipoetro, Indonesia  
Ismana Haryono, Indonesia  
Hannah Baerveldt, Indonesia  
Luke Penseny, Canada  
Lawrence Fryer, Germany  
Shyam Wadhera, India

**Foundation National Liaisons:**

Australia: Veronica Kay  
Canada: Lester Sutherland  
Colombia: Samuel Marcks  
France: Annie Tavakillan,  
Francoise Ivanoff,  
& Harlinah Chalom  
Indonesia: Aryati Prawoto,  
Lita Arida, &  
Luqman McKingley  
Japan:  
Saodah Kimiko Hayashi  
New Zealand: Judy Gibbs  
Norway: Raymond Hensen  
Spain: Jorge Guerin

**MSF eNEWS team:**

Hannah Baerveldt  
Lillian Shulman  
Valentine Narvey  
Rayner Sutherland

**Translations team:**

Samuel Chapleau  
Arnaud DeLune  
Francois Ivanoff  
Maryam Roldan  
Martin Fisco  
Hector Rivero  
Nurlaila Arratia  
Emmanuel Fajardo  
Clemente Solis  
Sebastian Alvarez Ayala

For further information,  
please see the Foundation's  
website:

<http://www.msubuhfoundation.org>

To comment or make  
contact with the Muhammad  
Subuh Foundation, please  
write to Lillian Shulman:  
[lillianshulman@netscape.net](mailto:lillianshulman@netscape.net)

**Farewell, continued**

poetry, walks in nature, all things French, adventures, and helping others. In fact, Simone had a special gift for helping others. She would go out of her way to offer someone a lift or enough money to help them get to the World Congress or a stay at her Florida house or a note or a kind word or whatever it would take – big or small – to help alleviate their suffering. Simone's generosity was legendary and, in the end, when she was suffering herself, people came out in droves to return the favor.

For me, as for many, Simone will always be synonymous with Subud. She was an anchor member of the Philadelphia group, a regional helper, a trustee of the Muhammad Subuh Foundation, and a fixture at so many congresses. Her illness came on fast and unexpectedly, but she faced it with the same tenacity, strength, dignity and humor that served her so well throughout her life. She passed in peace and surrounded by loved ones. I pray for her soul, and for her husband Joseph, who is dealing with his own illness. Simone will be dearly missed.

**MSF Donor Recognition**

*Our sincerest thanks to these recent donors contributing to the various funds of the Foundation:*

Estate of Lavinia Swanson  
Raymond North  
Hamilton Chaffee  
Haryanto Truong  
Marcella Cooke  
Estate of Riduan Tomkins  
Subud Austria  
Rohana & Abdurrachman Mitchell  
Mahrus and Hamidah Herhacker  
Victor & Shoshana Margolin  
Sermin & Hassan Fehmi  
Dahlan Simpson  
Ir. Muhammad Mustafa Syafrudin Achmad  
David McCormack  
Simon Davis  
Lillian Shulman  
Loura White  
Mahrus and Hamidah Herhacker  
Lusijah Marx

**FOUNDATION HIGHLIGHTS****2010 Grants Awarded**

Eight projects have been awarded funding, totalling some US\$65,000:

1. \$22,000 grant to Subud Nigeria to purchase the first-ever Subud hall in Nigeria, located in Calabar.
2. \$3,650 grant to Subud Nigeria for the Lagos group to rent meeting premises.
3. \$20,000 grant to Susila Dharma International Association (SDIA) to help establish a Community Health Center in Lemba Imbu, DRC.
4. \$1,400 grant to SDIA for administering and managing the Lemba Imbu grant.
5. 4,000 grant via SDIA to International Child Development Program (ICDP - [www.icdp.info](http://www.icdp.info)) for strategic planning development.
6. \$5,000 grant to the WSA Care Support Program to fund scholarships for youth through the WSA Subud Education Fund.
7. \$5,000 grant to Subud International Cultural Association (SICA) for creating a new SICA website.
8. \$4,000 grant to the WSA Forum to help establish and develop this new outreach program.

**MSF signs Memorandum of Understanding with SDIA**

At the recent World Subud Council (WSC) meeting in Great Malvern, UK, Susila Dharma International Association (SDIA) and MSF concluded their year-long discussion of how the two foundations can best work together by signing a Memorandum of Understanding (MoU). This MOU helps to clarify the terms of an effective partnership between the two US-based charitable organizations.

**MSF to relocate banking**

Following the appointment of Elwyn Waugh as treasurer in December 2009, the Foundation will relocate its banking from The Netherlands to the United Kingdom. Account details will be announced when available.

**MSF moves to Fidelity**

The trustees have approved the Investment Advisory Team's recommendation to transfer our investments from Morgan Stanley to Fidelity's brokerage service to reduce fees.

**To support MSF and its projects, please visit:**

<http://www.msubuhfoundation.org/fundFS.htm> [click on "contributing"]  
or contact Lillian Shulman at: [lillianshulman@netscape.net](mailto:lillianshulman@netscape.net)

Reprinted with permission of Queen Anne News

# Queen Anne's queen of compassion

[Dianah] Rebecca Dickstein will be remembered for her unfettered kindness

By Myke Folger

Editor, Queen Anne News

She bothered everybody she ever met - but in a good way.

That was Rebecca Dickstein, born in Kiev but who spent most of her 93 years in the Puget Sound area and particularly, Queen Anne. Anybody in lower Queen Anne could tell you who she was, be it the cashier at the McDonald's at Denny and 5th, tellers at the local bank and just about anybody at the former Seattle Post-Intelligencer, where for decades she worked in the circulation department. They'd see the wiry spitfire make her daily rounds through the neighborhood, stopping to say hello to anybody, but in particular those in need. She'd give food to the homeless, she would hug them and give them at a moment's notice the only dose of love or compassion they'd get in a lifetime.

"There wasn't a street person who didn't know her, because she always had money to give them," said lifelong friend, Diane Layton, who worked with her at the P-I.

But all good things must pass, and on Aug. 28, Dickstein died. She was 93.

She was born in 1916 in Kiev as the Bolshevik Revolution led by Vladimir Lenin entered its infancy. She remembered her parents, both Jewish, being interrogated by Red Army leadership. She recalled her mother standing at the doorway where army officials approached her and said, "are there any Jews here?" to which she replied, "I hate Jewish people," turned and spat.

Shortly thereafter, her father, sensing time for them was running out, fled to America to start a new life for his family. He wound up in Tacoma, and once he found a job and a place to live, sent for his wife and three children. Dickstein was 6 years old when she arrived in Tacoma.

She went to Lincoln High School in Tacoma and later took various jobs including a waitressing gig at the Washington Athletic Club and later her job at the P-I.

"She was absolutely beautiful when I met her," Layton remembered, as she took a break from cleaning out Dickstein's ground-floor condominium at West Olympic Drive across the street from Kinnear Park. She was briefly married and had a son, Steven, who went on to train at Johns Hopkins University and became a child psychologist in Beverly Hills. Her working life was dedicated toward paying for her son's education. She never married again, was single for the rest of her life.

As she got older, Dickstein's compassion and random acts of kindness flourished. At the Safeway in lower Queen Anne, she became known as the "Kissing Customer," Layton said. She would hug and kiss anyone who looked like they needed some kindness. Layton remembered walking with Dickstein once along Highland Drive when suddenly Dickstein stopped and told Layton to wait for a moment. Layton watched as Dickstein went over to a man who was despondent and vulnerable.



**A young Rebecca Dickstein, a graduate of Tacoma's Lincoln High School, became the patron saint of lower Queen Anne. In her later years, Dickstein would stealthily deliver newspapers to her tenant neighbors. She was known as a giver.**

The two talked at length, and when Dickstein returned to Layton what she said had convinced the young man not to commit suicide.

Dickstein walked and walked until her dying day. Her black, worn-out Reeboks that lay in her courtyard were witnesses to the miles she walked. She'd walk three to eight miles a day, often to the Kingdome and back. She met a lot of people along the way and made sure she spread her compassion, always.

She would wave and give candy bars to the men working at nearby construction projects. Like overgrown Boy Scouts, they happily helped her across the street. She started making trips three or four times a month to the Union Gospel Mission at South Othello Street to donate food or clothing.

She donated food to the foodbank at Seventh and Cherry streets. If anybody reciprocated the kindness, she would be sure to write letters of praise to their superiors, such as at the Safeway or McDonald's.

Even when she broke her hip, she would not slow down, insisting on walking though in pain. But her body could no longer endure the walks and she fell again.

So Layton brought her to an assisted care facility. Earlier in the summer, staff there called Layton telling her Dickstein had gone into a coma. Layton rushed over. She saw her in bed and put a cool cloth on her forehead, soothing her. She opened her eyes and they held hands. She looked at Layton and said, "You'll never have anybody who loves you as much as I do."

Sitting in Dickstein's courtyard, Layton fought back tears, recalling that day, which ended when she received that dreaded call from staff at the facility.

"It's been hard," she said. "I've known her for so long."

Nearly all of Dickstein's belongings will go to the Union Gospel Mission. Asked if Dickstein had given her anything particularly special, Layton replied without skipping a beat, "friendship."

### Laurencio Young

Laurencio Young passed away December 2nd in Buenos Aires, Argentina. Laurencio was an active, long-standing member in Subud Argentina. He served as an International Helper, and was the ISC chairman during the 2001-2005 term. For the past three years he volunteered for the Muhammad Subuh Foundation as a Spanish-English translator. We wish him peace and a blessed hereafter.

## FOUNDATION BENEFACTORS

# Remembering Dianah 1916-2009

Dianah Dickstein, long-time member of the Seattle Subud group, passed away at the age of 93 on August 28<sup>th</sup> 2009. She bequeathed the proceeds of the sale of her condo to the Muhammad Subuh Foundation, to benefit the Bapak Legacy Fund. In April of 2010, her estate was settled; the Muhammad Subuh Foundation received a check for over \$240,000. We are very grateful to this remarkable woman. Here is her beautiful story from one of her good friends:

### DIANAH'S SUBUD HISTORY by Eleana Pawl of Subud Seattle

Dianah was opened in Seattle in 1959 and fairly soon thereafter, she became a helper for the group. For Dianah, life was Subud and Subud was life.

Dianah was always an active supporter of Subud in every way. When Subud Seattle was buying its Subud House in the 1970's Dianah donated \$5,000 to the down payment which made possible the purchase of the former Lutheran Church of the Deaf. Subud Greater Seattle still occupies the same house which has undergone much renovation in the past seven years.

During part of the 1980's, Dianah followed her feeling to not be active in the group. Yet, she still continued to contribute to Subud Seattle financially on a monthly basis as well as to MSF, Subud USA, Susila Dharma, and many other Subud projects.

In addition, she contributed more than \$10,000 to the renovation of the Subud house. Although Dianah was no longer attending the group meetings, she never retired as a helper. She looked after several isolated members, always encouraging them to be active in the center, and was available for any support they needed. One such member was my mother, Halina who, due to dementia, needed special care.

Dianah believed that all money was God's money, and she gave to people and causes that she believed in. In addition to contributing to Subud in many ways over the years, she sent donations to many charities as well as to the street people she met in the neighborhood. Dianah had a bag of Hershey's chocolate bars that she took with her on walks. The day for many a street person, shop clerk, or construction worker was sweetened by reaching into that bag and taking out a little snack.

One day I accompanied Dianah as she walked through her neighborhood. Everyone knew her. Even people who did not know her came up to her and gave her a hug. "It's Subud!" Dianah would say to me. She told me that over the years, street people would come up and thank her for her kindness and tell her about how they had managed to get off the street. "It's not me—it's God," she would always tell them. A walk for Dianah was not just physical exercise; it was a meeting with the world and, someplace along the way, also an inner exercise – the experience of Subud flowing out into the world.

Dianah was so grateful to Almighty God for Subud that every day she looked for a way to do any good in the world she could because, "I owe." Even though her arthritis, and later her untreated broken hip, slowed her down and gave her much pain, she would remind me: "Purification is God's gift of forgiveness to man. It is in this life that we have the chance to be changed through our purification so we can go to a better place."

Dianah would never let anyone consider her to be an "elder." No, she was out there in the world, one day at a time—down in the trenches with everyone. "You are me, clothed in another body and we both have the same Father—God Almighty. In Subud, there are no highs, no lows. We are all the same. And because we have the experience of Subud, we are the richest people in the world."

## FOUNDATION SUPPORT: SUBUD HOUSES

### Subud Lewes

Lewes is a small town in East Sussex in the south of England, between London and Brighton on the south coast. The Lewes Subud Group has about one hundred members including those of affiliated sub-groups in nearby Eastbourne and Hastings.

In the last few years of the twentieth century, the Lewes Group grew fast and needed more meeting space. The group agreed to renovate the existing building by extending the first floor and also creating another two rooms. This renovation and enlargement was completed with donations from group members, a loan from Subud Britain, a commercial loan, and a grant from MSF.

The Lewes Subud Centre now has two halls and a meeting room available for hire. One room, the Garden Room, is private for Subud members' own use. As well as being used for Subud activities, the premises are hired out to more than thirty different clients, ranging from individual counsellors and people running yoga classes to those holding larger events that make use of the whole building. It is one of the nicest venues in Lewes.



#### Subud Lewes

26a Station Street  
Lewes, East Sussex  
England BN7 2DA

#### Contact:

House Manager, Mufidah Kassalias  
Phone: +44 1273 483884  
<http://www.lewesubudcentre.co.uk/>

Muhammad Subuh Foundation 2000 Grant: US\$7,500